



Saisho-Goma

In accordance with the Buddhist tradition, ceremonies in Shinnyo-En contain two complementary elements: light, represented by the fire as a symbol for the wisdom of the Buddha and water as a symbol of the Buddha's empathy. "Goma" ceremonies (Sanskrit: Homa) are Buddhist prayer ceremonies, with the lighting of a fire at their centre. The altar fire, which is lit ritually and accompanied by prayers, "consumes" suffering and its causes.

The term "Saisho" refers to an all-encompassing and borderless dimension of the Buddha's wisdom and mercifulness. The "Saisho Goma" is a prayer ceremony which expresses the wish to strive together towards the welfare and peace of all people and share the universal values of harmony and inner peace with others across all boundaries. The order performs these ceremonies with the intention of creating a place of peace and harmony in a world rife with uncertainty and conflicts.

The ceremonies as part of a Saisho Goma now take place annually. Representatives of all large religions take part in the ceremonies, along with representatives from society and politics. It is not only members of the Shinnyo-En community who take part, but many other people who are interested, moved and inspired by the ceremonious and peaceful atmosphere.

For any questions:

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